

Special Report

New Hope for Autism

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Exceptional
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New Hope for Autism

Autism spectrum disorders affect an increasing number of people. Today, 1 in 88 children born in the U.S. are diagnosed with autism. The estimated cost of autism over the lifespan of a person is \$3.2 million. Only 56% of teenagers with autism graduate from high school, and the number of cases is increasing by 10-17% per year.

These conditions create tremendous challenges for parents and children alike. Up until now, most treatments have reported limited success. A new research study, published in the Journal of Integrative Medicine, provides new for hope for treating this condition. If someone you love has autism, this is information you need to know.

Autism is a medical mystery. No one knows exactly why it occurs, how it functions, or why its prevalence is increasing so quickly. However, one thing many doctors and parents have noticed is that autistic children have an extremely high prevalence of allergies and food sensitivities. In one study, over 66% of autistic children were found to exhibit the symptoms of food and other allergies.

As Dr. Martha Herbert, a pediatric neurologist at Harvard explains, "So many autistic kids have a history of food and airborne allergies [...] or eczema, or diarrhea." There have also been a number of theories put forward linking the causes of autism to environmental factors.

These linkages caused researchers to pose two radical questions.

Is it possible that food sensitivities, allergens, and/or nutritional deficiencies are part of a chain reaction that leads to the symptoms of autism?

If this is true, what would happen if we removed those problems?

These questions led to a scientific study of 60 children, between the ages of 2 ½ to 10 years, who suffered both from autism and allergies. Half of the children were randomly selected to be treated with an allergy elimination protocol called NAET. The other half were not. The first group was treated twice a week for a year. All of the children were measured, in terms of their symptoms and level of functioning, both before and after this one year period. The study was peer reviewed and published in the Journal of Integrative Medicine in October of 2011.

The results were astounding.

85% of the patients treated with NAET experienced a dramatic increase in functioning. On average, the children experienced a 68% decrease in their ARI-ATEC scores and a 47% decrease in their CARS scores (two of the leading measurement tools for the symptoms of autism.) 77% of the children in the treatment group returned to regular classes with healthy, non-autistic peers, while all of the children in the control group continued to require special education.



[Click to Learn How NAET Provides New Hope for Autistic Children](#)

Here is a seven minute interview between Dr. Teitelbaum and Dr. Manny Alvarez from HealthTalk on FOX.



[Click Here to Watch Dr. Teitlebaum on FOX News "Health Talk With Dr. Manny"](#)

Parents of autistic children often spend tens of thousands of dollars a year on treatments, with marginal results. For the 66% of autistic children who also suffer from allergies, this breakthrough study provides new hope.

What is NAET?

For 30 years, licensed healthcare practitioners around the world have been using NAET to eliminate allergies and asthma. There are over 10,000 practitioners worldwide, and long term studies have shown that over 75% of patients experience lasting resolution of symptoms within 25 treatments. For many patients, permanent relief starts within the first five visits.

This treatment has been proven effective, both through the successful treatment of over 100,000 patients worldwide, as well as through multiple clinical studies. It is a completely safe, noninvasive treatment, with no side effects. Yet despite the fact that 60 million people in the United States suffer from allergies and asthma; that the activities of 40% of children are limited by allergies; and that food allergies result in over 30,000 ER visits a year; most people don't even know this treatment exists.

NAET is based on the principles of eastern medicine. It's similar to acupuncture, except there are no needles involved, it doesn't hurt, and the result is long term. It's the only known treatment that actually eliminates allergies. Where allergy shots desensitize the body, and provide limited relief for some patients, NAET removes the allergy itself.

Where western medicine believes that the allergic response is primarily a chemical, cellular reaction, eastern medicine recognizes that it's also sourced from the energy fields of the meridian system. While this may sound strange to those of us who were educated solely in the western model, it works. The effectiveness of NAET has been proven using the standards of western clinical trials. It's just that understanding *why* it works requires expertise in both western and eastern medicine. This may be the reason why NAET, like with acupuncture and chiropractic, has initially faced resistance from some of the western medical community. And it may be why so few parents of autistic children even know this option exists.

Because of this, we understand the skepticism many people have when they first hear about NAET. If this describes you, welcome. We appreciate your willingness to explore this treatment, and determine if it's right for you. Please, *be* skeptical. We were at first. It's not perfect, and it doesn't work for everyone. And, we've had thousands of people over the years tell us about the remarkable results they've had in eliminating their allergies and asthma. It's only recently that it's been tested for autism, and the breakthrough results from that study is one of the most exciting things we've seen in years.



Autism Study Results

The results of this scientific, peer reviewed study were published in the Journal of Integrative Medicine, vol. 10 no. 5, Oct/Nov 2011. To review the study, please click on the image below. The table provides a detailed breakdown of the autism assessment scores of the treatment group at the start of the study, and after 1 year of treatment with NAET. The control group saw negligible changes.

While these numbers might seem a bit complicated at first, particularly if you're not familiar with the ARI-ATEC or CARS autism assessments, the changes are dramatic.

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ORIGINAL RESEARCH

Improving Communication Skills in Children With Allergy-related Autism Using Nambudripad's Allergy Elimination Techniques: A Pilot Study

Jacob Teitelbaum, MD, Devi S. Nambudripad, MD, PhD, DC, LAc, Hanne Tyson, MD, Ming Chen, MD, Robert Price, MD, Main M. Nassad, RN, LAc, PhD, Laura Teitelbaum, MS

Abstract

Background: Autism prevalence increased more than 50% between 2002 and 2008. We hypothesized that major contributors to the development and symptoms of autism include food and nutrient sensitivities. Desensitization to multiple allergens forms the basis of the Nambudripad's Allergy Elimination Techniques (NAET) treatment for autism.

Subjects and later-outcome: Fifty children (23-30 years old) with autism were randomly assigned to treatment or control groups. The treatment group (28 boys and four girls) received NAET treatments (combining aggression and intolerance) for 50 key allergens for 1 year. The standardized control group (28 boys and five girls) did not receive any NAET treatment. Each group was allowed to continue with any other therapies they had been receiving. 'Neurocognitive Sensitivity Testing' (NST), histology and muscle testing) was used to determine which substances triggered sensitivity reactions in each child, and NAET aggression treatments were then used to eliminate the sensitivities.

Outcome Measures: Status for each participant was determined at the beginning and end of the 1-year study using the following tools: Autism Research Institute Autism Treatment Evaluation Checklist (ARI-ATEC), Childhood Autism Rating Scale (CARS), NST, and Allergy Symptom Rating Scale (ASRS).

Results: A total of 54 children (NAET, 24 children; control, 30 children) completed the study. After 1 year, the children receiving NAET treatments demonstrated significant improvements in performance compared with the control group, determined with the ARI-ATEC score (mean decrease: NAET, 68%; control, 0.8%; $P < .0001$), CARS (mean improvement: NAET, 47%; control, 0.4%; $P < .0001$), NST (mean improvement: NAET, 68%; control, 0%; $P < .0001$), and ASRS (total decrease: NAET, 85%; control, 2%; $P < .0001$). The NAET treatment resulted in statistically significant improvement in 30 of the 35 symptoms assessed using the ARI-ATEC. In the NAET group, 23 of the 30 children returned to regular school classes with healthy, nonautistic peers after treatment, but all of the children in the control group continued to require special education.

Conclusions: The NAET treatment is effective and well-tolerated for children with allergy-related autism.

Full registration: This trial was registered at ClinicalTrials.gov; Registration #: NCT00241156.

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Disclaimer: It's competing financial interests exist. Some authors are NAET practitioners and Devi Nambudripad developed the technique.

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[Click here to view the breakthrough results from this peer reviewed scientific study](#)

Treatment Group	Before		After	
ARI-ATEC	Mean	Standard Deviation	Mean	Confidence Interval
Speech/language/communication	15	±8	-11.9	(-14.6 to -9.2)
Sociability	17	±7	-11.0	(-13.7 to -8.2)
Sensory/cognitive/awareness	18	±6	-11.3	(-13.8 to -8.8)
Health/physical/behavior	21	±10	-14.0	(-16.9 to -11.2)
Total ARI-ATEC Score	71	±25	-48.2	(-56.3 to -40.2)
CARS	50	±8	-23.5	(-27.4 to -19.5)

How Does NAET Work?

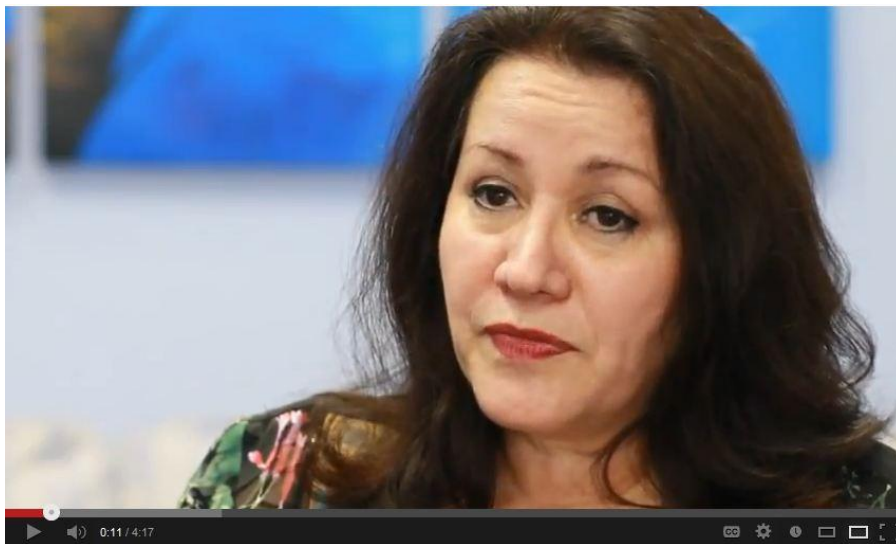
Treating autism with NAET is similar to the treatment for allergies and asthma. It involves two steps: diagnosis and treatment.

Diagnosis is primarily done using Muscle Response Testing (MRT) as well as conventional blood testing. These tests allow the doctor to create a list of the primary things the patient is allergic to. This includes environmental factors, such as cats and pollen, as well as food allergies. It also includes common chemicals and hormones.

Of all the things people can be allergic to, there are 15 basic allergies that underlie most symptoms. These are tested, as well as a list of other specific possible allergens, which includes any sensitivities the patient is already aware of.

Once a list of allergens has been determined, the doctor starts releasing the reactions to them, one at a time, using an advanced acupressure technique. This process rewires the body's response to that allergen, usually in a single visit. This process is completed by having the patient avoid consuming anything that includes the allergen, for 25 hours.

Depending on the number of allergens the patient is sensitive to, initial relief can often be seen in anywhere from three to twenty sessions.



[Click Here to Watch Dr. Phillips Explain NAET and How it Works for Autistic Children](#)

This process works because a component of the allergic response is stored in the body's energy system – what acupuncture calls the meridian system. While the actual symptoms are a chemical and cellular

response, the signals that tell the body what to respond to are stored energetically. While counter-intuitive, this can be demonstrated quickly and easily using MRT. NAET resets the body's response system, so that it no longer treats allergens as something that require an immune response.

Autism Case Studies

"Our daughter was diagnosed with Autism at 3 years old. We did over two years of intensive traditional treatments without success, and I was concerned because the doctors wanted to put her on even more prescription drugs. We chose to work with Dr. Phillips instead, and I'm so grateful, because I feel that she gave us our daughter back. Within 14 treatments, she was off all her prescription drugs. She's very social now and is able to keep up with her peers. She's now making plans for what she wants to do when she grows up, and I really believe she can do those things." – A.W.

"From the very first treatment last April, Maria's SEIT in preschool was shocked by the improvement in her eye contact. By the summer, the SEIT said that Maria was like a normal kid. We recently have been able to introduce bagels, plain pasta and chocolate back into Maria's diet and there is no reaction. Maria is now in Kindergarten. She does not have PT or OT anymore. She scored very high on a recent evaluation of her pragmatic speech and social skills. The classroom teacher says that if you walked in during playtime, you would never know her previous diagnosis." – L.G.

"One year ago, my son Tyler barely spoke. Now he is positively chatty. We owe Tyler's success not only to traditional therapies but to NAET. At the time of his diagnosis, Tyler flapped, rocked, spun toys, had a fascination for fans, liked to spin, was sensitive to certain textures, liked to stare at lights, and barely spoke. Today, almost all of the autism related behaviors have disappeared. His first sentence came about 4-5 weeks after we started treatments. After 3 months, he no longer needed speech therapy. Some people who know us have a hard time believing he was ever diagnosed on the spectrum. Now, his ABA therapist feels that Tyler does not need ABA anymore. The school district strongly feels that Tyler's autism diagnosis will be lifted. NAET played a huge role in this." – T.R.

About Dr. Phillips



Dr. Phillips is the premier practitioner of NAET in West Los Angeles, with 20 years experience and over 2000 patients treated. She is a board certified Doctor of Chiropractic. She did her undergraduate studies at the University of California, Irvine and received her doctorate from the prestigious Cleveland Chiropractic College.

While Dr. Phillips became a licensed Chiropractor in 1987, it wasn't until years later when her baby got sick that she really found her calling. At age 2, her son was diagnosed with severe, chronic asthma. Faced with a choice between a life spent taking heavy medications or a life of disability, Dr. Phillips became determined to find another alternative - and she did. With the help of NAET, she was able to completely heal her son's asthma within 20 days.

25 years later, Dr. Phillips has become an expert in helping people achieve even higher levels of wellness than they thought possible. She specializes in diagnosing the real roots of chronic illnesses; in treating challenges such as allergies, asthma, diabetes, autism and chronic fatigue syndrome; and in helping her clients go beyond "just getting by" and into lives filled with exceptional wellness.

To evaluate whether or not your child could be helped by this new treatment, please call 310-473-2020 to schedule a consultation with Dr. Phillips.